

Liquen plano hipertrófico

Hypertrophic Lichen Planus

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Hypertrophic lichen planus is a chronic and resistant inflammatory disease. Its clinical manifestations consist of prolonged, thick, hyperkeratotic, verrucous, skin plaques with a violaceous or dark brown color. Intense pruritus is present during its course. It typically appears on the lower limbs, particularly the anterior aspect of the legs. It follows a chronic course with a tendency to recur and cause hyperpigmentation, as illustrated in the following case.

The patient is a 47-year-old male with no significant medical history, who initially presented with pruritic lesions on the lower limbs that progressed to hyperkeratotic lesions despite initial treatment with topical steroid creams and oral anti-inflammatory medication. A biopsy was performed, resulting in a diagnosis of hypertrophic lichen planus.



Panel A: The lesions of hypertrophic lichen planus are observed on the right lower limb, medial view (shows the inner aspect of the thigh and leg).



Panel B: The lesions are observed in the anterior view of the right lower limb.

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